

# THE ASSOCIATION OF FRIENDS OF CADOGAN COURT

Registered Charity No. 1015316

Patrons: RIGHT WORSHIPFUL BROTHERS I. KINGSBURY. S.C. PEARN D.MEDLOCK

## UPDATE SPRING 2021

### MESSAGE FROM THE CHAIRMAN

Dear Friends

Several weeks have passed since our last News Letter and once again our Annual General Meeting has been put on hold until September.

The home is now Covid free and the residents have had at their first injection with many of the staff having had both first and second.

We would like to congratulate Clare Walker who has taken over the position of Cadogan Court's manager.

We would also like to take this opportunity to thank all the staff for their care, consideration and help given to our residents. The home is now open to residents being able to have one visitor per person in 2 specially prepared rooms set aside for this purpose.

#### What's happening.

On the 4<sup>th</sup> of April the Widow's Sons (i.e. The bikers) are going to grace the home with bikes and leathers, we would like to thank all that take part.

The AOFOCC will be supplying funds for Easter Eggs for the home.

The home is offering respite for Freemasons, pay for one week get the second week free, but at this present moment in time you would have to have two weeks in isolation at the home first.

W.Bro John Ledman a well known and respected Freemason from Somerset has just finished isolation and will pick his room of choice and we all wish him a very happy stay with us.

The AOFOCC hope to have a grand Christmas Draw which will be open to all, to purchase tickets, details to follow at a later date.

Once again thank you to all the committee who are still working behind the scenes to support our home.

Arthur Blamey  
Chairman

## WIDOW'S SONS VISIT TO CADOGAN COURT

On April 4<sup>th</sup> the Widow's Sons travelled to Cadogan Court to distribute Easter Eggs to the residents. The event was blessed with fine weather which allowed many of the residents to enjoy the sunshine and have a good inspection of the motor bikes. We were lucky some residents did not just ride off.





## RESIDENTS TEACH NURSERY CHILDREN THE BEAUTY OF GARDENING

A group of residents at Cadogan Court, in Exeter, have taught children at West Exe Nursery School how to sow seeds in preparation for the growing season. The Home arranged a video call to connect both sides so that residents could share their knowledge with the pupils, who had received various seed packets from the care home.

Resident Mary Skipworth, aged 96, taught the children how to sow sunflower and pumpkin seeds as well as runner beans. Then she told them her secret: "These are quite easy to take care of as long as you keep them watered. They are fun to grow!"

During the video call, Katharine Pringle, Nursery Lead Teacher at West Exe Nursery School, prompted the children to show the residents what they had been planting. The children ran out into their garden and reappeared, holding up some flower pots to the camera. Resident Paula Anderson, aged 89, was excited to learn that some children helped their grandmothers in their gardens.

Emma Allan, Activities Coordinator at Cadogan Court, said: "It's wonderful to see the different generations learning from each other and sharing experiences. Being with the children lifts our residents' spirits and allows them to be playful."

